



Stella Amor

KEYNOTE SPEAKER

All the speaking I carry out, has an element of lived and professional experience that I bring, along with my personality.

I can adapt to an audience, people, and most environments and therefore would want to explore more about what you are hoping to achieve through having me as a speaker.

To the right you will see some ideas of keynote topics.

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SURVIVE TO THRIVE

Trigger alert: I will speak about trauma impacted by Covid, facing death, surviving, navigating life with a disability, and through to reigniting purpose with my new life and aspirations.

Inspiring resilience, understanding the impact of relationships, mental health and wellbeing, disability inclusion, navigating change and transition, and going on to living a life with purpose.

DEIB & CAREERS within HOSPITALITY

I will give an overview about what DEIB, (Diversity, Equity, Inclusion, and Belonging) means, and what it looks like in the Hospitality sector. I outline why we look to weave DEIB into everything we do, the impact it will have on service performance, guest and employee recognition & and culture, and how it will foster Sustainable and Inclusive Workplaces.

Hospitality has so many advantages to capitalise on. We need to unlock the power of belonging and see how people can thrive with a career, experience, and within the hospitality community.

WOMEN IN LEADERSHIP within HOSPITALITY

This is based on my own professional and personal experience. This Keynote is for anyone who is underrepresented at the Leadership level no matter how they identify.

Having worked hard throughout my career to deserve an opportunity at the leadership table, when I practically demanded it, and was given it, why was I not fulfilled? Was it enough to sit at the table yet not have a voice?

I have faced discrimination, micro-aggressions, suppression, and not to mention the mental health, emotional and physical strains of navigating a Leadership career with a family and within a male-dominated boardroom.

I talk about accelerating Gender and Non-Gender equality, how we need diversity and representation at the Leadership level, having the confidence to contribute, what is tokenism, and how you can overcome the obstacles to have a positive impact on others and your life.

My purpose is to lead others to find theirs

